



INSTRUCTIONS FOR PREPARING FOR YOUR UPPER ENDOSCOPY (EGD)

Please do not have any solid foods or milk products after midnight the night before. You may have clear liquids until _____ AM/PM. Have **nothing by mouth** after this time (6 hours before procedure time). However, you may take medications with a sip of water.

Check in to admitting at Adventist Medical Center (HOSPITAL ENTRANCE) by _____ AM/PM.

Your procedure is scheduled on _____ to begin at _____ AM/PM.

You will need a driver and escort to go home approximately one hour after your procedure. Do not plan to drive or work for the rest of the day.

NOTE: If you will be under general anesthesia for your procedure, please have your blood work done within 7 days prior to your procedure date.