

# Oregon Health & Science University Hospital and Clinics Provider's Orders



ADULT AMBULATORY INFUSION ORDER
Cosyntropin (CORTROSYN)
Stimulation Test

Page 1 of 2

ACCOUNT NO.
MED. REC. NO.
NAME
BIRTHDATE

Patient Identification

Weight:	kg	Height: _	cm	
Allergies:				
Diagnosis Code:				

Patient to follow up with provider on date: \_\_\_

ALL ORDERS MUST BE MARKED IN INK WITH A CHECKMARK ( ✓ ) TO BE ACTIVE.

\*\*This plan will expire after 365 days at which time a new order will need to be placed\*\*

#### **GUIDELINES FOR ORDERING**

Treatment Start Date:

- 1. Send FACE SHEET and H&P or most recent chart note.
- 2. Patient should not receive corticosteroids or spironolactone within 24 hours prior to the cosyntropin test.
- 3. The Low Dose Protocol is not recommended in critically-ill patients.

#### LABS:

- □ ACTH Stimulation Test, Serum, Routine, ONCE, every \_\_\_\_ (visit)(days)(weeks)(months) *Circle One* □ Cortisol, Serum Routine, ONCE, ONCE, every \_\_\_\_ (visit)(days)(weeks)(months) *Circle One* 
  - Draw baseline immediately before administration of Cosyntropin IVP
  - Draw 20 minutes after administration of Cosyntropin IVP (if cosyntropin 1 mcg test is ordered)
  - Draw 30 minutes after administration of Cosyntropin IVP
  - Draw 60 minutes after administration of Cosyntropin IVP

### **NURSING ORDERS:**

- 1. Draw baseline ACTH and cortisol labs.
- 2. Administer Cosyntropin IVP over 2 minutes and flush with 5-6 mL normal saline flush.
- 3. Draw 30+ and 60+ Cortisol labs.
- 4. Only use a 22 gauge or larger needle.
- 5. Release labs as drawn so times are accurate. Do not release all labs at one time
- 6. Follow facility policies and/or protocols for vascular access maintenance with appropriate flush solution, declotting (alteplase), and/or dressing changes.

#### **MEDICATIONS:**

## Cosyntropin (select one):

- O cosyntropin (CORTROSYN) injection 1 mcg, intravenous, ONCE over 2 minutes Low Dose Protocol. Diluted in sodium chloride 0.9%. Infuse over 2 minutes.
- O cosyntropin (CORTROSYN) injection 0.25 mg, intravenous, ONCE over 2 minutes Standard Dose Protocol. Diluted in sodium chloride 0.9%. Infuse over 2 minutes.



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By signing below, I represent the following: I am responsible for the care of the patient (who is I hold an active, unrestricted license to practice me that corresponds with state where you provide care state if not Oregon);	dicine in:   Orego	on □(che	ck box pecify
My physician license Number is #	of practice and au	ECOMPLETED TO BE A VALID thorized by law to order Infusion	<u>)</u> of the
Provider signature:	Date/Time:		
Printed Name:	Phone:	Fax:	
Please check the appropriate box for the patien  ☐ Hillsboro Medical Center Infusion Services 364 SE 8th Ave, Medical Plaza Suite 108B Hillsboro, OR 97123	□ Adventist I Infusion Ser 10123 SE M Portland, O	Health Portland rvices Market St R 97216	
Phone number: (503) 681-4124 Fax number: (503) 681-4120		<mark>ber: (503) 261-6631</mark> r: (503) 261-6756	
☐ Mid-Columbia Medical Center Celilo Cancer Center 1800 E 19th St The Dalles, OR 97058 Phone number: (541) 296-7585 Fax number: (541) 296-7610			