



# All the care you need, right where you need it.

Serving Portland's east side for more than 100 years.

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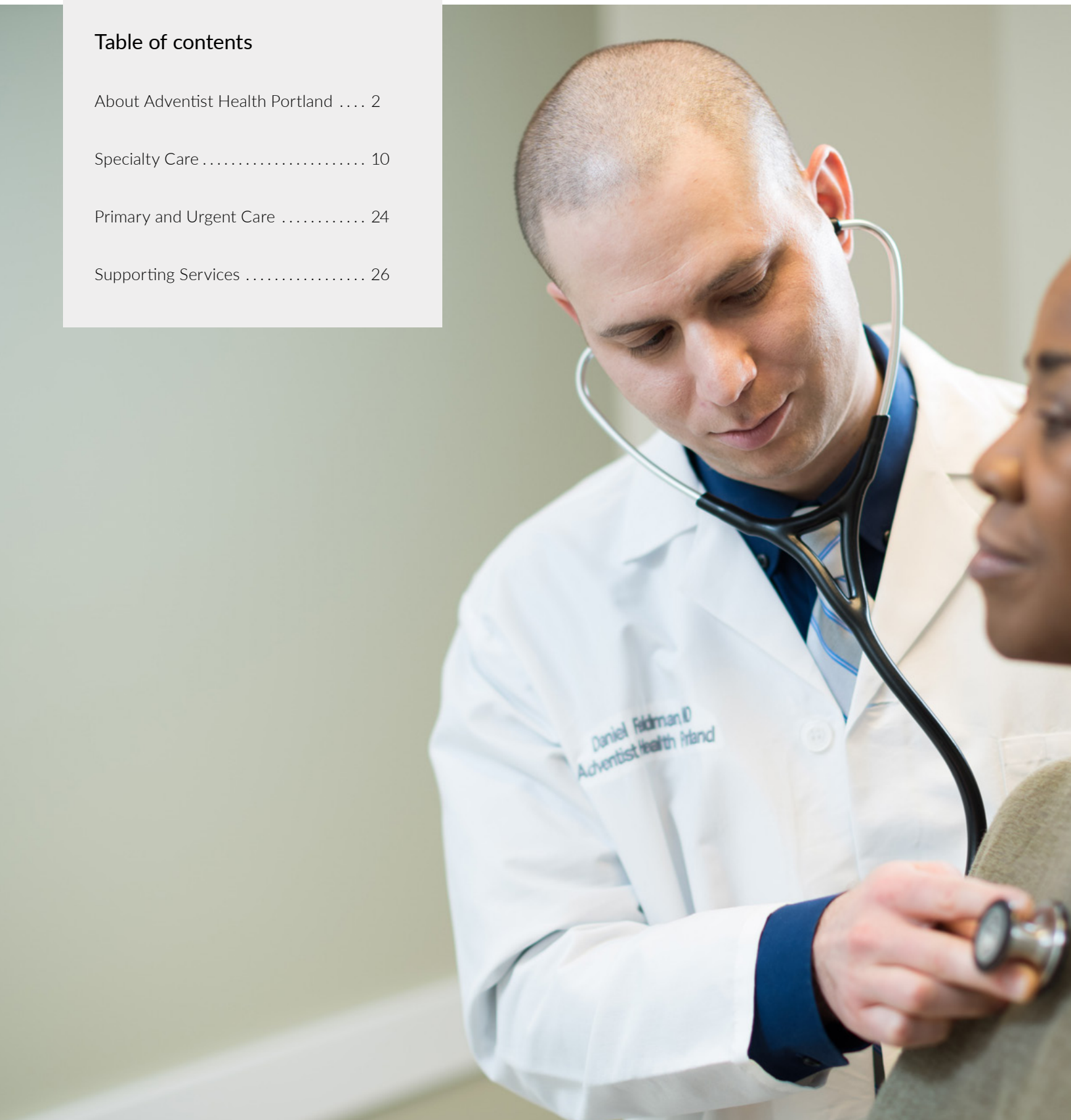
Adventist Health Portland

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## A world of care, right next door.

Adventist Health Portland, an OHSU Health partner, is a full-service, acute care medical center with numerous outpatient clinics throughout east Portland and other cities in Multnomah and Clackamas counties.

Whether patients need primary or urgent care appointments, specialty care, virtual visits or a convenient clinic location, Adventist Health Portland is making better health easier. Compelled by our mission, we seek to transform the health care experience of our communities by:

- Improving physical, mental and spiritual health.
- Enhancing interactions.
- Making care more accessible and affordable.

### **Our mission**

Living God's love by inspiring health, wholeness and hope.

### **Our values**

**Be love:** Love matters. Treat yourself with love and care so that you are free to love and care for others. Be trustworthy, forgive freely and find common ground.

**Be a force for good:** Be courageous. Take action. Whether it is through your position or your passion, work to impact your community for the better.

**Be a mission owner:** Own your role, find your talent and know that your contribution is mission critical. Ask yourself, "How do I inspire health, wholeness and hope?"

**Be welcoming:** Recognize all people are created equal and embrace them in hospitality as you would a cherished friend.

**Be curious:** Seek to understand how things work and why. Innovate and be open to new ideas and approaches. Own your mistakes and learn from them.

**Be brilliant:** Leverage your best talents and skills to shine. Make promises and keep them. Always expect the same from others.



Adventist Health Portland is part of Adventist Health, a faith-based, nonprofit integrated health system serving more than 80 communities on the West Coast and in Hawaii.



OHSU Health includes more than 3,000 providers in dozens of care locations around the Portland metro area, including OHSU

Doernbecher Children’s Hospital and three adult hospitals with more than 1,000 beds and 200 outreach programs. With partners Adventist Health Portland, Oregon Health & Science University and Hillsboro Medical Center, OHSU Health’s system ensures every Portland metro area neighborhood has access to the latest innovations and treatments.

Through our partnership with OHSU, we expanded our services to include:

- Cancer care supported by OHSU oncology specialists and clinical trial access.
- OHSU Health emergency medicine providers in our emergency room.
- Maternal-fetal medicine specialists.
- Virtual ICU beds for teleICU with OHSU.
- Additional surgical services in bariatrics, hepatobiliary and urology.
- OHSU Telestroke Network.

## Awards and recognition

- Accredited by The Joint Commission.
- Multiple Low Institute “A” grades for social responsibility.
- Patient-Centered Primary Care Home Tier-3 designations – the highest rating possible.



## U.S. News and World Report High Performing clinical areas

U.S. News and World Report has named Adventist Health Portland High Performing in four clinical areas: heart attack, heart failure, kidney failure and pneumonia. These areas include two cardiac programs by Northwest Regional Heart & Vascular.

## Our history in Portland



**1893**

Dr. Lewis Belknap opens sanitarium in Portland.

**1897**

Nurse training program begins.

**1895**

Portland Sanitarium moves to Reed Mansion.



**1922**

Portland Adventist Sanitarium moves to Mount Tabor.

1890 1900 1910 1920 1930 1940

## Adventist Health Portland by the numbers

AVERAGE ANNUAL ADMISSIONS:

**14,000**

AVERAGE ANNUAL  
OUTPATIENT VISITS:

**500,000**

AVERAGE ANNUAL ER VISITS:

**40,000**

PHYSICIANS:

**550**

EMPLOYEES:

**1,400+**

PRIMARY, URGENT AND  
SPECIALTY CARE CLINICS:

**34**

HOSPITAL BEDS:

**302**

VOLUNTEERS:

**90**



**1977**

Relocated to current site and renamed  
Portland Adventist Medical Center.

**2018**

Partnership with  
OHSU begins.

1950

1960

1970

1980

1990

2000

2010

2020

**1964**

Name changed to  
Portland Adventist Hospital.

**2008**

Opening of new medical  
pavilion with a heart center.

## Adventist Health Portland clinical services

- Breast health
- Cancer care
- Cardiovascular care
- Critical care
- Diagnostic imaging
- Emergency room
- Gastroenterology
- Home care
- Hospice care
- Hospitalist services
- Infusion clinic
- Internal medicine
- Interventional radiology
- Laboratory
- Mental health
- Nutrition
- Occupational medicine
- Orthopedics
- Palliative care
- Pregnancy and birth
- Primary care and family medicine
- Pulmonary medicine
- Rehabilitation and physical therapy
- Sleep care
- Spiritual care
- Stroke care
- Surgery
- Urgent care
- Women's services
- Wound healing and hyperbaric medicine



## Adventist Health Portland

10123 SE Market Street  
Portland, OR 97216

[AdventistHealth.org/Portland](https://www.adventisthealth.org/Portland)

503-257-2500



# Adventist Medical Center

Our hospital campus provides surgical and inpatient care as well outpatient primary and specialty care clinics and services in our pavilion and professional buildings.

### The hospital facilities include:

- Advanced medical imaging
- Birth center, Level I nursery and teleNICU
- Cardiac catheterization lab
- Cardiovascular intensive care unit
- Emergency room
- Intensive care unit
- Laboratory services
- Medical/surgical inpatient rooms
- Specialty pharmacy
- State-of-the-art operating rooms

### Emergency room

Emergency care is at the heart of our mission to care for our diverse urban community. Our ER includes 32 rooms.

We see more cardiac arrests than the next two area hospitals combined.

### Cardiovascular intensive care unit and cath lab

During a heart attack, time is muscle. Our 12-bed CVICU and state-of-the-art cath lab are closely connected to our ER to provide exceptional and quick cardiac emergency care as well as ongoing cardiac treatment. We were the first hospital in the area to incorporate universal beds into our cardiac program to increase patient safety and satisfaction.

### Surgery services

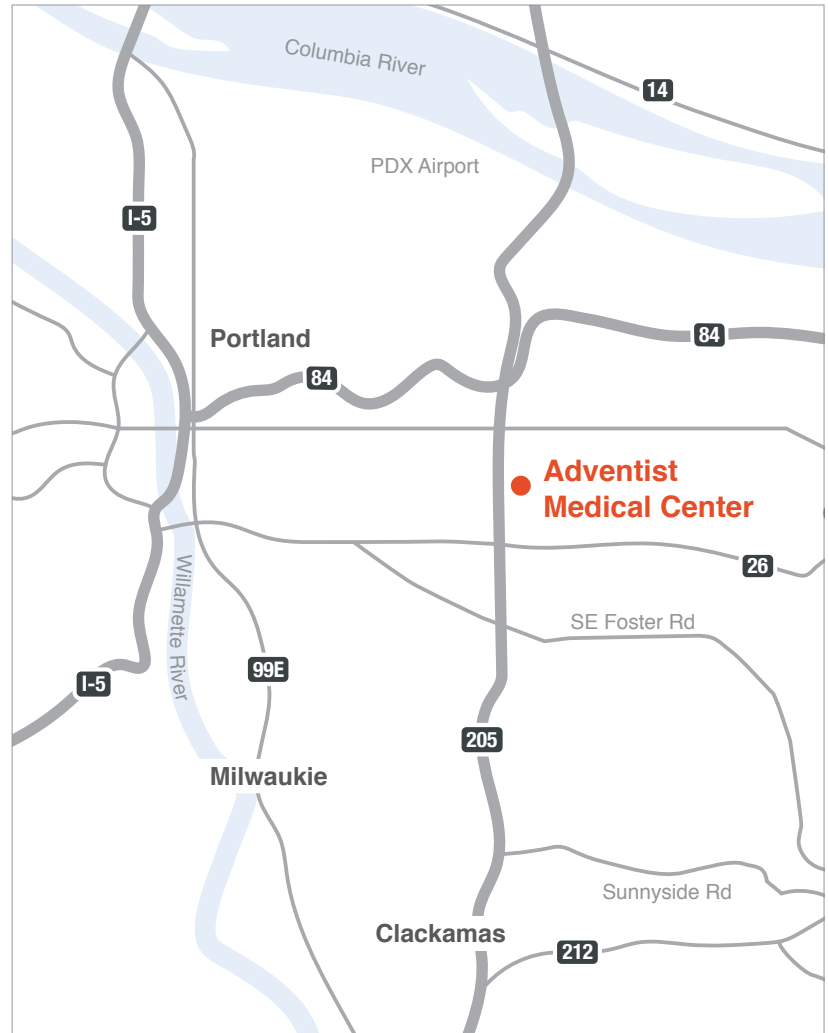
Our surgery department includes 11 operating rooms and provides a comprehensive range of surgical specialties, including offering minimally invasive and Da Vinci robot procedures when appropriate. We perform more than 6,200 surgeries annually in our main OR alone.

### Intensive care units

Our med/surg ICU has 12 beds. Our nurses are supported by a 1:1 or 1:2 nurse/patient ratio, constant observers as needed and continuous patient monitoring through OHSU's virtual ICU program.

### Laboratory services

Our full-service, fully accredited clinical laboratory serves physicians, clinics, nursing homes and hospitals throughout the Portland/Vancouver metropolitan area and other communities. Our services include all routine and most special and esoteric tests. The lab is directed by board-certified pathologists and medical technologist specialists.



### Family Birth Place

Our Family Birth Place brings together obstetricians, family practice physicians, nurse-midwives, anesthesiologists, and some of the most experienced labor and delivery nurses in the area. Many have special certifications, such as fetal monitoring and lactation support.

The Family Birth Place also offers a Level 1 nursery, breastfeeding support, and classes in childbirth and newborn care. If an infant requires advanced care, we transport the baby with OHSU's trained team to the OHSU Doernbecher's Level 4 neonatal intensive care unit (NICU). We have telemedicine support with neonatologists at OHSU when we need a consultation about an infant.





## Amenities at Adventist Medical Center

At Adventist Health Portland, we strive to make every hospital visit positive and as stress-free as possible. Whether you are a patient or the loved one of a patient, rest assured we have all the resources you need right within our main campus.

### **ATM**

The cash machine on the lower level of the medical center between the Atrium and the Garden Café accepts most major cards.

### **Garden Café**

Our hospital cafeteria offers an array of hot foods, grab-and-go meals and beverages. We offer a flexitarian menu and feature many plant-based foods.

### **Wi-Fi**

Free internet is accessible throughout our buildings.

### **Spaces for healing**

Our chapel and meditation garden are always open for your comfort.

### **Ozzie's Deli & Gyros**

Grab-and-go options, hot meals and a full espresso bar are available weekdays in our Pavilion.

### **Gift shop**

Stop by for gifts, treats, flowers and more.

### **Pharmacy**

The OHSU retail pharmacy in our Pavilion fills prescriptions and offers over-the-counter medications and supplies.





# Specialty Care

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### Find a doctor

Ready to begin your wellness journey with a primary care provider? Would you benefit from the personalized care of a specialist for your specific condition? Learn more about each of our providers.



**Adventist Health Radiation Oncology**

10000 SE Main Street, Lower Level  
Portland, OR 97216

[AdventistHealth.org/PortlandCancerCare](https://AdventistHealth.org/PortlandCancerCare)

**Radiation oncology:** 503-251-6305

**Nurse navigator:** 503-261-6676



## Cancer Care

Patients deserve cancer care as unique as they are, delivered close to home. Compassion combined with medical excellence should match every step of cancer treatment.

Our patients' health journeys are led by an entire team of caring, dedicated cancer care specialists working together to create a treatment plan customized to each patient's condition, lifestyle and goals. Our cancer care nurse navigator helps coordinate that plan with supporting services like nursing, social work, nutrition, transportation and rehabilitation.

We also work with specialty oncologists at OHSU's Knight Cancer Institute to bring you the broadest range of evidence-based cancer care. Through our partnerships, we are able to provide personalized care for all major cancers right here on our southeast Portland campus.



### Quality you can have faith in

Adventist Health Portland's cancer care program has been an accredited Community Cancer Program for more than 30 years.



**OHSU Knight Cancer Institute,  
East Portland**

We partner with OHSU's Knight Cancer Institute to offer the broadest range of evidence-based cancer care.

Through our partnership, we are able to provide personalized care for all major cancers right here on our southeast Portland campus.

**Radiation oncology**

Our radiation oncology team offers many up-to-date technologies including:

- Image-guided radiation therapy (IGRT)
- Intensity-modulated radiation therapy (IMRT)
- Stereotactic body radiation therapy (SBRT)
- Volumetric modulated arc therapy (VMAT)

Many patients combine radiation with other treatments like hormone therapy, chemotherapy and/or surgery.

**Cancer surgery**

Our cancer care program offers a full complement of cancer surgeries, including:

- Breast
- Colorectal
- Gynecological, including cervical, uterine and ovarian
- Lung, esophageal and thoracic
- Pancreas, liver and bile ducts
- Urological, including bladder, prostate, testicular and kidney, in partnership with OHSU Urology on our campus

Many of our cancer patients benefit from our extensive minimally invasive surgical options using the Da Vinci surgical robot.

## Northwest Regional Heart & Vascular

Adventist Health Portland

10000 SE Main Street  
Portland, OR 97216-2474

NWRRegionalHeart.com

### Portland

- Cardiac rehab: 503-257-6260
- Cardiology: 503-257-0959
- Cardiac testing: 503-251-6132
- Electrophysiology: 503-257-0959
- Cardiac surgery: 503-261-4430
- Vascular surgery: 503-256-1575

### Hood River (partnership with Mid-Columbia Medical Center)

- Cardiology: 541-308-1025

### McMinnville

- Cardiology and electrophysiology: 503-435-1200

### The Dalles (partnership with Mid-Columbia Medical Center)

- Cardiology: 541-506-6530

### Tillamook (partnership with Adventist Health Tillamook)

- Cardiology: 503-815-2292



*U.S. News and World Report's*  
Best Regional Hospitals





## Cardiovascular Care

### A team approach

When you trust your care to Northwest Regional Heart & Vascular, you're placing your heart in the hands of a team that's dedicated to you. Each person you encounter will use their training, experience and your personalized treatment plan to make sure you get exactly what you need.

Our cardiovascular program, Northwest Regional Heart & Vascular, cares for patients who come from all over the western U.S. for care from some of the country's top heart surgeons and cardiologists.

Our flagship Portland program includes a state-of-the-art cath lab and 12-bed CVICU. Our complete cardiovascular services include:

- Cardiac rehab
- Electrophysiology
- Heart surgery, including minimally invasive and robotic procedures
- Interventional cardiology
- Preventive and diagnostic cardiology
- Thoracic surgery
- Vascular surgery

We also offer cardiology services in McMinnville, Tillamook, The Dalles and Hood River.

Our surgical team is renowned for using today's most advanced techniques. These include catheter-based procedures and minimally invasive, robotic-assisted cardiac surgery for less pain, shorter hospital stays and faster recovery.

### Universal beds

Our cardiac unit has an innovative design that allows patients to stay in one room for their whole visit, rather than being moved from one unit to another. Ours was the first hospital in the area to embrace the universal bed model for patient safety as well as comfort.



### Adventist Health Gastroenterology Clinic

10000 SE Main Street, Suite 112  
Portland, OR 97216

[AdventistHealth.org/PortlandGI](https://www.adventisthealth.org/PortlandGI)

**TEL** 503-255-3054

**FAX** 503-255-7651

## Gastroenterology

Gastrointestinal (GI) issues can often cause serious discomfort and pain, making life more difficult. Our experienced gastroenterology providers utilize the latest advancements to care for and diagnose our patients.

Our expertise and advanced technology are why many doctors refer their patients to us when they suspect a GI issue. Our complete diagnostic program includes:

- Capsule endoscopy
- Colonoscopy
- Endoscopic retrograde cholangiopancreatography (ERCP)
- Flexible sigmoidoscopy
- Upper endoscopy
- Blood and stool tests

Following diagnosis, we individualize a treatment plan that may include lifestyle and dietary changes, over-the-counter or prescription medication, and/or surgery.





**OHSU Orthopedic Clinic at  
Adventist Health Portland**

10000 SE Main Street, Suite 224  
Portland, OR 97216-2474

[AdventistHealth.org/PortlandOrtho](https://AdventistHealth.org/PortlandOrtho)

**TEL** 503-261-6961

**FAX** 503-261-6959



## Orthopedics

From head to toe, we provide the latest in evidence-based treatment for any part of the musculoskeletal system. Some conditions can improve with physical therapy, orthotics, injections, casting or other nonsurgical means. Other issues benefit from the latest surgical innovations.

Oregon Health & Science University board-certified specialists provide comprehensive surgical and nonsurgical services to treat a wide range of orthopedic problems using today's most advanced treatment techniques. Teams from Adventist Health Portland and OHSU work together to provide the best outcome for patients. Services offered include:

- Diagnostic imaging
- Foot and ankle surgery
- Hand surgery
- Ligament repair and reconstruction
- Physical medicine and rehabilitation
- Rotator cuff repair
- Sports medicine
- Total joint replacement and revision
- Trauma and fracture care

### Partnering for your health

Through a collaborative partnership with OHSU, we offer fellowship-trained orthopedic surgeons. "Fellowship-trained" means they've had extensive additional training. Since they've performed so many surgeries, they have in-depth experience with routine and complex surgeries, including many minimally invasive techniques. This type of surgery leads to less risk, less pain and faster healing. Our team uses rapid recovery protocols after surgery for quick, successful healing.



### **Adventist Health Portland Lung Clinic**

10201 SE Main Street, Suite 11  
Portland, OR 97216

[AdventistHealth.org/PortlandLungClinic](https://www.adventisthealth.org/PortlandLungClinic)

**TEL** 503-253-2248

**FAX** 503-252-5166

## Pulmonology

Our lung specialists diagnose and treat a wide range of conditions and diseases that affect breathing and the lungs. Our respiratory team also partners with our Sleep Disorders Clinic when appropriate to ensure the most comprehensive treatment for sleep-related breathing issues.

We care for many pulmonary issues, including:

- Chronic obstructive pulmonary disease (COPD)
- Lung cancer
- Emphysema
- Asthma
- Tuberculosis
- Pulmonary hypertension
- Cystic fibrosis
- Lung diseases
- Sleep apnea
- Other sleep-disordered breathing issues

### **Adventist Health Rheumatology and Endocrine Clinic**

10101 SE Main Street, Suite 2011  
Portland, OR 97216

[AdventistHealth.org/PortlandRheumatology](https://www.adventisthealth.org/PortlandRheumatology)

**TEL** 503-261-6912

**FAX** 503-251-6357

## Rheumatology and Endocrinology

Patients with arthritis, diabetes, or other rheumatic or metabolic diseases should have the care of specialists who understand their disease as well as how it impacts their lives. Our specialists are committed to whole-person care that sees patients as more than symptoms. We help patients get back to enjoying what matters most to them.



### **Adventist Health Sleep Disorders Center**

10201 SE Main Street, Suite 29  
Portland, OR 97216

[AdventistHealth.org/PortlandSleep](https://www.adventisthealth.org/PortlandSleep)

**TEL** 503-261-4475

**FAX** 503-261-4476

### **Sleep disorders lab**

Just because you are asleep doesn't mean your brain isn't busy! Tracking your body's activity during sleep can help our providers diagnose and treat sleep-related issues. During an overnight study, patients sleep in one of our comfortable rooms while several types of monitors track breathing, brain activity and more. Our accredited program helps patients and their providers understand what is preventing good rest.

## Sleep Services

At the Adventist Health Sleep Clinic, we strive to offer patients comprehensive and integrated management of their sleep disorders in an efficient and timely manner. Our clinic offers evaluation, including testing in our sleep disorders lab. After diagnosis, our team treats all kinds of sleep disorders, including:

- Sleep apnea
- Complex sleep disorders
- Insomnia
- Parasomnias
- Sleep-related movement disorders
- Hypersomnia
- Narcolepsy
- Circadian rhythm disorders

We also do evaluations for commercial driver's licenses and perioperative testing, including for bariatric, cardiothoracic and other surgeries.



### **Adventist Health Multi-Specialty Surgical Clinic**

10000 SE Main Street, Suite 316  
Portland, OR 97216

[AdventistHealth.org/PortlandSurgicalServices](https://www.adventisthealth.org/PortlandSurgicalServices)

**TEL** 503-256-1575

**FAX** 503-253-9848

## Surgical Services

Our multidisciplinary surgical teams have earned recognition for their outstanding quality outcomes in inpatient and outpatient surgery. Our operating rooms are equipped with the latest diagnostic and surgical technology, designed with high-level patient care and safety in mind.

Our surgeons span many specialties and offer several robot-assisted, minimally invasive options, including:

- General
- Bariatric
- Breast
- Cardiac
- Colorectal
- Gynecological
- Hepatobiliary
- Orthopedic
- Thoracic
- Urological
- Vascular



**OHSU Urology Clinic at  
Adventist Health Portland**

10101 SE Main Street, Suite 1001  
Portland, OR 97216-2474

[AdventistHealth.org/PortlandUrology](https://AdventistHealth.org/PortlandUrology)

**TEL** 503-346-1500

**FAX** 503-346-1501



## Urology

Oregon Health & Science University provides complete urology care on our southeast Portland campus. Treatment for all urologic conditions is provided by nationally recognized OHSU physicians, each of whom has additional fellowship training in their respective field of expertise.

This program gives the east side community close-to-home access to treatment from urologic cancers and kidney stones to minimally invasive procedures and male fertility care.

Subspecialties include:

- Female pelvic and reconstructive surgery
- Kidney stones and endoscopic surgery
- Men's health
- Reconstructive urology
- Robotic and laparoscopic surgery
- Urologic cancer



#### Adventist Health Women's Clinic

10101 SE Main Street, Suite 3001  
Portland, OR 97216

[AdventistHealth.org/PortlandWomensCare](https://www.adventisthealth.org/PortlandWomensCare)

TEL 503-261-4423

FAX 503-261-4424

#### High-risk pregnancy care

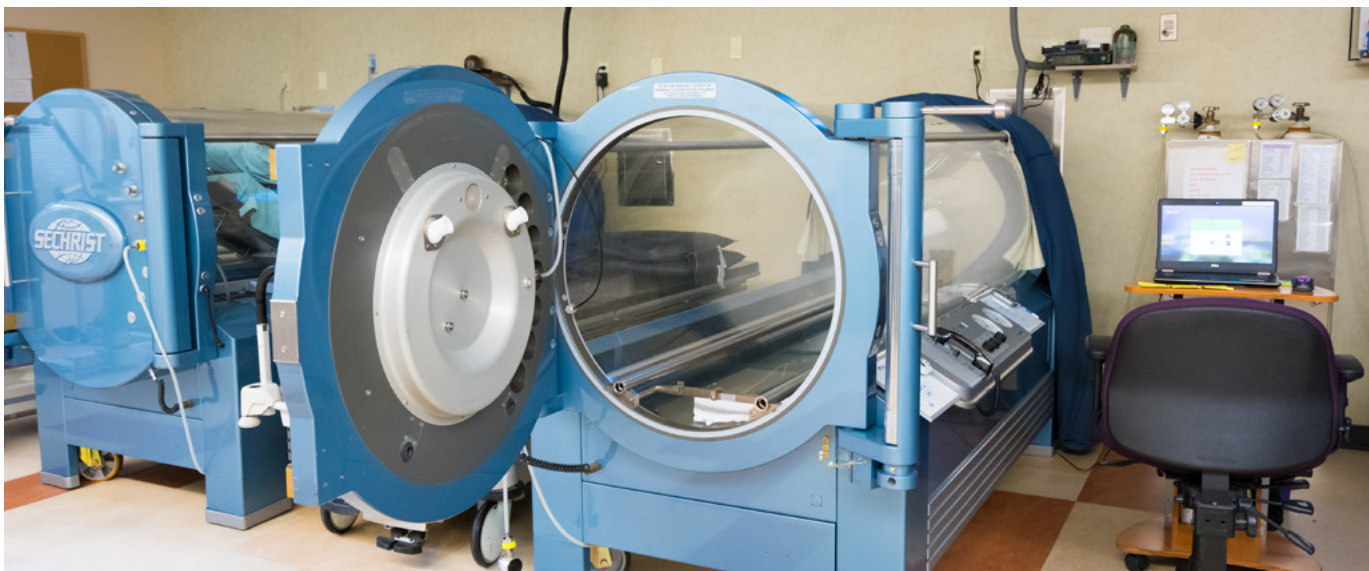
If there is a complication in the pregnancy that can affect either the mom's or the baby's health, we consider it a high-risk pregnancy. In collaboration with OHSU Health, maternal-fetal medicine specialists evaluate and treat high-risk pregnancies on our main campus. If the mom or the baby needs special care, we help plan the delivery at the hospital that best fits the need. We also have telemedicine support with neonatologists at OHSU when we need a consultation about an infant.

## Women's Health Services

From adolescence to menopause and beyond, our women's health team offers the broad range of services women need throughout their lives. Our nurses, doctors, certified nurse-midwives and other staff members offer comprehensive care for women of all ages and at all stages of life. Unlike standalone clinics, our women's health services connect patients to an integrated system of care.

Our OB/GYNs and midwives coordinate with our primary care and specialty teams to ensure a whole-person approach to women's care and treatment. Our services include:

- Annual exams and screenings
- Fertility and family planning
- Pregnancy care
- Maternal-fetal medicine
- Surgical and nonsurgical interventions



### **Adventist Health Wound Healing and Hyperbaric Medicine Clinic**

10201 SE Main Street, Suite 9  
Portland, OR 97216

[AdventistHealth.org/PortlandWound](http://AdventistHealth.org/PortlandWound)

TEL 503-252-4325

FAX 503-261-6789

### **Hyperbaric medicine in Portland**

As an adjunct to treatment of wounds, hyperbaric oxygen therapy has been found to increase the healing potential of your body's natural mechanisms. By elevating the atmospheric pressure and increasing oxygen intake, oxygen is transferred through the membrane of the red blood cells at a much greater, more effective rate to saturate the bloodstream, tissue and cells.

## Wound Care and Hyperbaric Medicine

Wounds are often complicated. They may affect more than one body part or system. Our expert team coordinates care with other specialists and primary care providers to make a treatment plan for each patient. We have experience with many treatment options and products for issues like:

- Chronic radiation injury
- Nonhealing surgical wounds
- Pressure, venous leg, diabetic foot and other ulcers
- Skin graft after-care

# Primary and Urgent Care

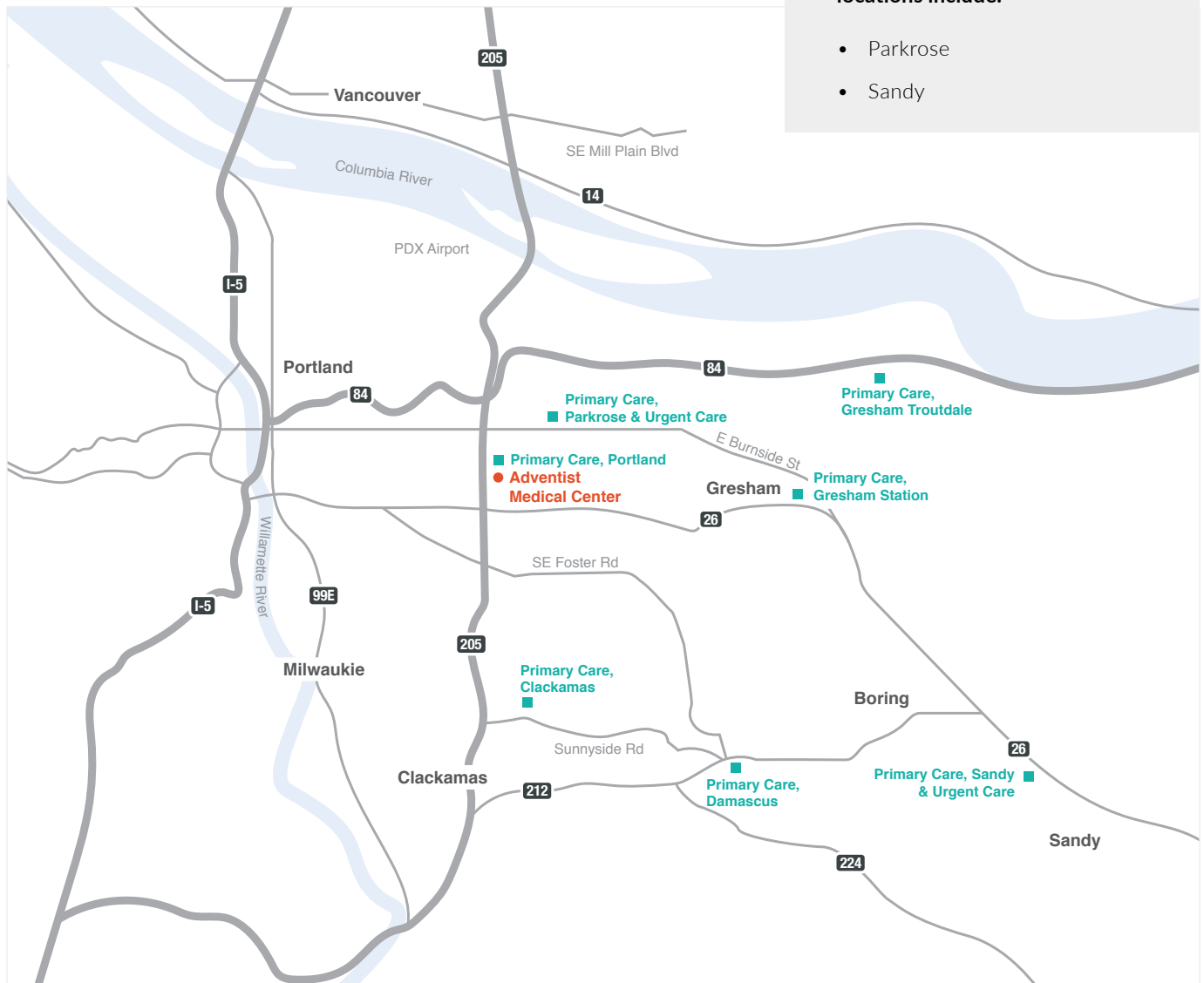
We are passionate about offering whole-person care when it's needed. That includes quick appointments for urgent conditions. Our primary care providers don't just treat physical symptoms. We care for our patients' bodies, minds and spirits.

**We offer primary care across Portland's east side and suburbs, including:**

- Clackamas
- Damascus
- Gresham Station
- Gresham Troutdale
- Parkrose
- Portland
- Sandy

**Our walk-in urgent care clinics locations include:**

- Parkrose
- Sandy







**Adventist Health Medical Group  
Primary Care**

[AdventistHealth.org/PortlandPrimaryCare](https://AdventistHealth.org/PortlandPrimaryCare)

TEL 503-261-6929

## Primary Care

With primary care clinics located conveniently across the east side of the Portland metro area, we connect patients with a long-term relationship with a provider and a health care system focused on their total well-being – not just one time, but all the time.

These certified Primary Care Medical Homes partner with patients to coordinate their whole-person care, from wellness visits and chronic care to specialty care and in-house licensed therapists.

Our primary care providers include:

- Family practice physicians
- Internal medicine physicians
- Nurse practitioners

These providers offer regular exams and screenings, treat chronic and acute illnesses, and coordinate additional care when needed.



**Adventist Health Medical Group  
Urgent Care**

[AdventistHealth.org/PortlandUrgentCare](https://AdventistHealth.org/PortlandUrgentCare)

- Parkrose: 503-408-7010
- Sandy: 503-668-8002

## Urgent Care

For illnesses and injuries that don't threaten life or limb, visit an urgent care clinic near you. Urgent care is not a replacement for emergency care. Dial 911 or go to the nearest hospital for a life-threatening illness or injury.

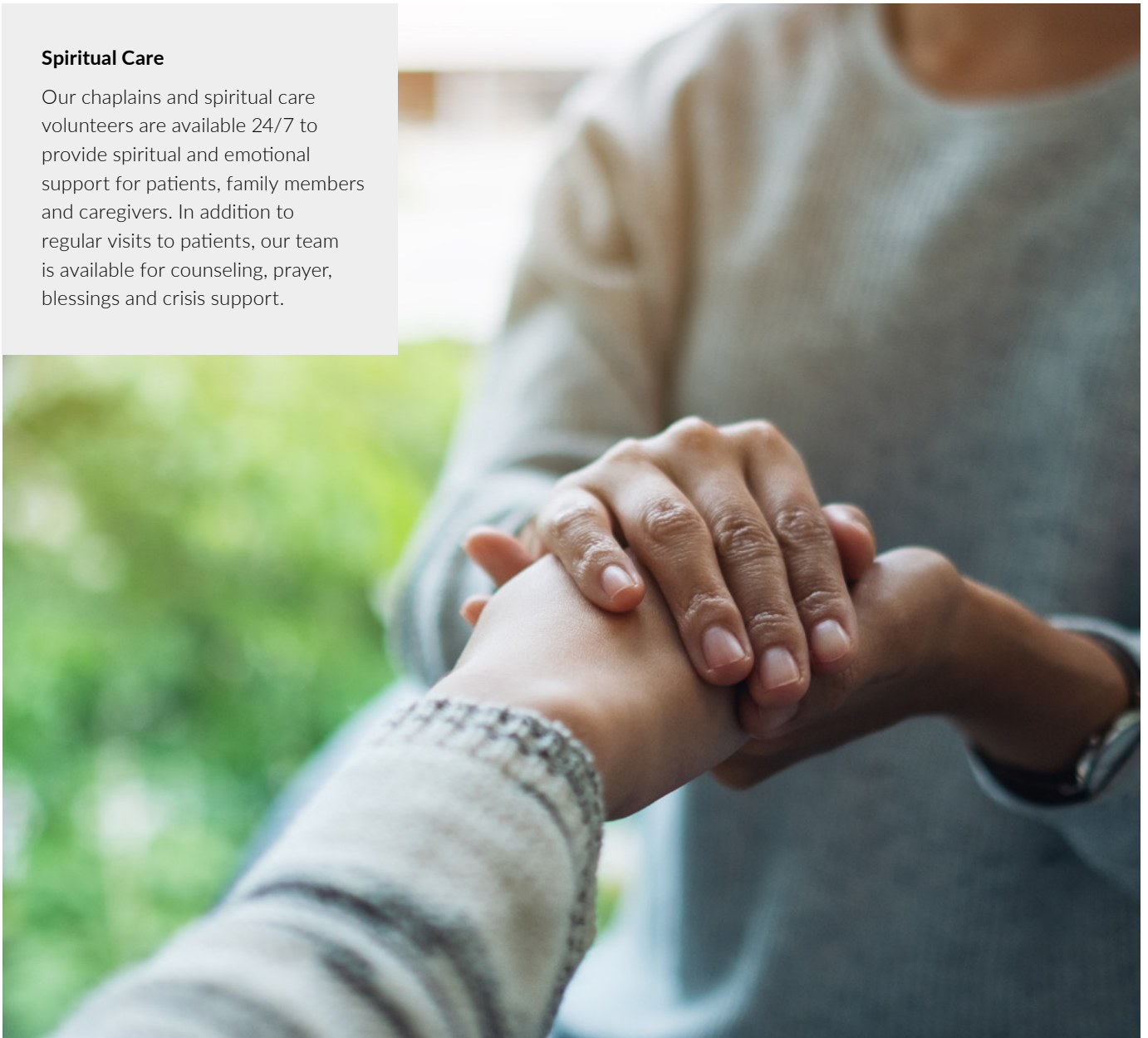
We see patients on a walk-in basis, with an online option for saving your place in line. We have urgent care clinics in northeast Portland's Parkrose neighborhood and in Sandy, Oregon.

# Supporting Services

Our key clinical services are supported by a range of services that engage patients in more complete recovery and healing. These services include follow-up programs, mental and spiritual wellness services, pain management, and more.

## Spiritual Care

Our chaplains and spiritual care volunteers are available 24/7 to provide spiritual and emotional support for patients, family members and caregivers. In addition to regular visits to patients, our team is available for counseling, prayer, blessings and crisis support.



### Adventist Laboratory Services

[AdventistHealth.org/PortlandLab](http://AdventistHealth.org/PortlandLab)

TEL 503-251-6126

Medical Center | Pavilion | Gresham Station

## Laboratory Services

Our full-service laboratories offer three locations to serve physicians, clinics, nursing homes and hospitals throughout the greater Portland/Vancouver area. Our services include all routine and most special and esoteric tests.



### Adventist Medical Imaging

[AdventistHealth.org/PortlandImaging](http://AdventistHealth.org/PortlandImaging)

TEL 503-251-6137

Clackamas | Gresham Station | Portland

## Medical Imaging

Accurate diagnoses are vital to getting the care you need to return to full health. The state-of-the-art imaging equipment at Adventist Health Portland increases accuracy, leading to more effective treatment and better outcomes.

- Bone densitometry
- CT or CAT scan
- Mammography, including 3D
- MRI
- Nuclear medicine
- PET/CT scan
- Ultrasound
- Vascular lab
- X-ray



### Adventist Rehabilitation and Physical Therapy

[AdventistHealth.org/PortlandRehab](http://AdventistHealth.org/PortlandRehab)

TEL 503-261-6922

Clackamas | Gresham Station | Parkrose  
Portland | Sandy

## Rehabilitation and Physical Therapy

Rehabilitation is a critical part of healing. Following surgery, injury or long illness, people may need help to regain function and strength. Chronic pain from various conditions can also improve with rehabilitation. Our rehabilitation team works to help patients regain their health, so they can safely return to their normal daily activities, work and play.

Our multidisciplinary approach includes expertise in:

- Acute care rehabilitation
- Audiology
- Occupational therapy
- Physical therapy
- Specialty and cancer rehabilitation
- Speech therapy

**Adventist Health Home Care Services**

[AdventistHealth.org/HomeCareServices](https://AdventistHealth.org/HomeCareServices)

TEL 503-251-6301

## Home care, hospice and palliative care

### Comforting home care

Adventist Health Home Care Services provides quality services to homebound patients throughout the greater Portland area. Our staff creates an individual plan of care for each patient to manage care effectively and with the utmost respect for the patient's dignity, privacy and well-being.

Whether a patient needs short-term assistance recovering from surgery or long-term attention for a chronic or serious illness, our wide array of support services and personnel can tailor care to the individual. Services include:

- Case management
- Skilled nursing available 24/7, including holidays
- Physical, occupational and speech therapy
- Medical social workers
- Home health aides



### Team-based palliative care

Doctors, nurses, mental and physical therapists, pharmacists, and other professionals work together help our patients manage the symptoms of their illnesses, which may include pain, nausea, depression, anxiety, stress and fatigue. Some patients have difficulty breathing, eating or sleeping.

Unlike hospice, palliative care can be offered to patients of any age and at any stage of an illness. Choosing palliative care does not prevent patients from seeking or receiving curative treatment. Care is provided at any residence, whether at home or an assisted living facility.

### Respectful hospice care

Our hospice team offers compassionate, supportive care for patients with life-limiting illnesses who wish to live out the remainder of their lives on their own terms. We focus on preserving the dignity and privacy of the patient while providing relief from the symptoms of their illness.



# Diversity, Equity and Inclusion

Adventist Health Portland's mission drives our passion for providing an inclusive environment and love toward anyone who enters our doors or interacts with our associates.

**Health is universal to humanity, so we welcome everyone and do not discriminate based on:**

- Age
- Race or ethnicity
- Culture
- Gender identity
- Sexual orientation
- Physical or mental ability
- Religion
- Socioeconomic status
- Appearance
- National origin
- Language
- Any other reason





## Wellness for everyone.

We are determined to practice equity – to lift marginalized and underserved groups – while ensuring that all people represented in our community and workplace are heard and seen.

We promote equal care and wellness to everyone and strive to exhibit God's nondiscriminatory love and healing.

# Adventist Health Portland

## Campus map

### 1 HOSPITAL

### 2 WEST PAVILION

Gastroenterology Clinic  
 Human Resources  
 Laboratory  
 OHSU Pharmacy  
 Orthopedic Clinics\*  
*\*moving to East Pavilion in 2023*  
 Surgery Clinic

### 3 EAST PAVILION

Knight Cancer Institute, East Portland  
 Northwest Regional Heart & Vascular

### 4 PROF. BUILDING 2

Women's Health Clinic  
 OHSU Maternal Fetal Medicine  
 Physical Therapy  
 Rheumatology and Endocrinology Clinic  
 OHSU Urology Clinic\*  
*\*moving to East Pavilion in 2023*

### 5 PROF. BUILDING 3

Infectious Disease Clinic  
 Lung Clinic  
 Primary Care Clinics  
 Sleep Clinic  
 Specialty Rehab  
 Wound Healing and Hyperbaric Medicine

- ER Emergency
- P Parking
- EP Employee Parking
- 🍴 Food
- ✝️ Chapel

