

Dear Patient:

This notice contains the results of your recent mammogram, including information about breast density. Your mammogram shows that your breast tissue is dense. Dense breast tissue is very common and is not abnormal. However, dense breast tissue can make it harder to find cancer on a mammogram and may also be associated with an increased risk of breast cancer. This information about the result of your mammogram is given to you to raise your awareness. Use this information to talk to your physician as to whether, based on your risk, more screening tests might be useful. A report of your results was sent to your physician.

Heterogenous: 50% 75% glandular

Dense: >75% glandular

X-ray assessment is complete

- Category 1: Negative.** There's no significant abnormality to report.
- Category 2: Benign (non-cancerous) finding.** Negative mammogram result (there's no sign of cancer). Findings are known to be benign, such as benign calcifications, lymph nodes in the breast, or calcified fibroadenomas.
- Category 3: Probably benign finding – Follow-up in a short time frame is suggested.** The findings in this category have a very good chance of being benign (not cancer). But since it's not proven benign, it's helpful to see if an area of concern does change over time. Follow-up with repeat imaging is usually done in 6 months and regularly thereafter until the finding is known to be stable (usually at least 2 years). **Please contact our scheduling line to schedule your six month follow up at (808) 263-5166**
- Category 4: Suspicious abnormality – Biopsy should be considered.** Findings do not definitely look like cancer but could be cancer. The radiologist is concerned enough to recommend a biopsy. Your physician or referring health care provider have been informed about the need for this biopsy. **You should contact your physician as soon as possible (if you have not already done so).**
- Category 5-6; Abnormal.** Your examination showed an abnormality that requires a biopsy. Your physician or referring health care provider have been informed about the need for this biopsy. **You should contact your physician as soon as possible (if you have not already done so).**

A report of your results was sent to your physician.

Your images will become part of your medical record at Castle Medical Center. They will be on file for your ongoing care. If, in the future, you change health care providers or go to a different location for a mammogram, you should tell them where and when this mammogram was done.