

## Direct Access Colonoscopy Questionnaire

Today's Date \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

DOB \_\_\_\_\_ Age \_\_\_\_\_

Gender \_\_\_\_\_ SSN \_\_\_\_\_

Preferred Phone \_\_\_\_\_ Alt Phone \_\_\_\_\_

Emergency Contact \_\_\_\_\_

Emergency Contact Relationship To You \_\_\_\_\_

Emergency Contact Phone \_\_\_\_\_

Referring Physician \_\_\_\_\_

Preferred Pharmacy \_\_\_\_\_

Pharmacy Phone \_\_\_\_\_

Email: \_\_\_\_\_

### INSURANCE INFORMATION

PRIMARY INSURANCE \_\_\_\_\_

Policyholder Name \_\_\_\_\_

Policyholder DOB: \_\_\_\_\_

Relationship to Patient \_\_\_\_\_

Group Number \_\_\_\_\_

Policy Number \_\_\_\_\_

SECONDARY INSURANCE \_\_\_\_\_

Policyholder Name \_\_\_\_\_

Policyholder DOB: \_\_\_\_\_

Relationship to Patient \_\_\_\_\_

Group Number \_\_\_\_\_

Policy Number \_\_\_\_\_

### HEALTH AND PERSONAL INFORMATION

How tall are you? \_\_\_\_\_ ft \_\_\_\_\_ in

How much do you weigh? \_\_\_\_\_ lbs

**Please circle any that apply to you:**

Diabetes  
High Blood Pressure  
Heart Disease (Heart Attack, Bypass, Stents, CHF, Valve Surgery, etc)  
Abnormal EKG  
Thyroid Disease  
High Cholesterol  
Stroke  
Kidney Disease, if so, do you need dialysis Y N  
Liver Disease or Cirrhosis  
COPD, Asthma, or other lung disease  
Sleep Apnea if yes, do you use CPAP? Y N  
Psychiatric Illness if yes, please specify \_\_\_\_\_  
Blood Clots or Bleeding Disorder  
Cancer If yes, please specify \_\_\_\_\_  
Other \_\_\_\_\_

**Please circle any that apply to you:**

Appendectomy  
Gallbladder Removed  
Hysterectomy  
Ovary(ies) Removed  
Heart Surgery  
Tonsils Removed  
Joint Surgery  
Spine Surgery  
Thyroid Surgery  
Gastric Bypass  
Intestinal Surgery  
Heart or Lung Surgery  
Other \_\_\_\_\_

**Have you ever had a colonoscopy? Y N**

If yes, when \_\_\_\_\_

If yes, why? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

If yes, what were the findings?  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Please list all your current medications, including OTC/dietary supplements:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Please list all your medication allergies or state "NONE"**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Do you smoke? Y N If so, how much per day? \_\_\_\_\_

Are you a former smoker? Y N If so, when did you quit? \_\_\_\_\_

Do you drink alcohol? Y N If so, how much and how frequently? \_\_\_\_\_

Do you have a history of illegal drug use? Y N If so, when was the last time you used drugs? \_\_\_\_\_

Has any one in your immediate family had:

Cancer? Y N If so, who and what type? \_\_\_\_\_

Colon polyps? Y N If so, who and how old when first diagnosed? \_\_\_\_\_

I authorize release of my medical information to the above named medical insurance company(ies) and their agents for the purpose of obtaining payment of services and determining insurance eligibility. I authorize payment of medical benefits to Adventist Health Castle. I understand that omitting or falsifying information about my health may lead to injury or could result in cancellation of my procedure.

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

### **What is colon cancer?**

Colon cancer is a type of malignancy in the large intestine. Though the incidence has been declining since the 1990s, it remains the second most common cause of cancer related deaths. Approximately 150,000 new cases of colorectal cancer are diagnosed in the U.S. every year. Sadly, the disease will be fatal for over 50,000 of those unfortunate individuals.

Overall, the lifetime risk of developing colon cancer is about 7%, and this number is even higher in individuals with certain risk factors. Some of these risk factors include: a family history of colon cancer, particularly in a first degree relative; age greater than 50 years old; a personal or family history of certain types of colon polyps; a history of certain other types of cancer; and a history of inflammatory bowel disease, such as Crohn's Disease or ulcerative colitis. Fortunately, many cases of colon cancer can be prevented with a simple medical procedure called a *colonoscopy*.

### **What is a colonoscopy?**

A *colonoscopy* is a type of medical procedure used to detect and even prevent colon cancer. It entails the use of a flexible tube equipped with a light and a camera to explore the large intestine. Prior to the procedure, the patient undergoes a cleansing bowel preparation to maximize the effectiveness of the test. During the procedure the patient is sedated, and a vast majority of the patients report no discomfort. If your physician encounters an abnormal growth, such as a polyp, it can usually be removed at that time free of any discomfort. Since we know that most types of colon cancer arise from colon polyps, removal of them during a colonoscopy can help prevent colon cancer.

A *colonoscopy* is a very safe procedure, which can be lifesaving; however, as is the case with most medical procedures, there are some risks involved. Some of these risks include: bleeding (therefore it is important to inform your doctor of any clotting disorders you have or blood thinning medications you taking); infection; the possibility of missed polyps or other abnormalities; and a small chance of perforating the colon, which could necessitate surgical repair. As with virtually any medical procedure, there is a small chance of death from complications of endoscopic procedures. The risk of these complications is small and is outweighed by the potential benefit of screening for this deadly type of cancer.

### **Direct Access Colonoscopy**

At Adventist Health Castle, we can provide a screening colonoscopy as a vital part of your preventive medical care. For healthy patients without significant medical history, and with no gastrointestinal symptoms, we offer direct access examinations. For your convenience, a direct access colonoscopy requires no pre-procedure consultation, saving you time and money, and allowing easy, flexible scheduling. To be eligible for a direct access colonoscopy, you must meet the following criteria:

- Age between 45 and 70
- No prior complications from anesthesia or conscious sedation
  - No major illnesses or chronic health problems, such as heart, lung, liver, or kidney disease (well controlled diabetes, high blood pressure, or high cholesterol may be okay)
- No gastrointestinal symptoms
- Patients with positive FIT, positive Cologuard, or history of polyps may also be eligible if within the above parameters.

If you and your primary care physician think you are eligible for an direct access colonoscopy, please [complete all the information](#) attached to this form, sign, date it, and fax to (808) 266-3614.

Once we receive the completed form, Dr. Panetta will review the information and determine whether you qualify for a direct access colonoscopy. We will then contact you with further instructions on how to schedule your colonoscopy.

**If you have any questions, please feel free to call our office at (808) 263-5013.**