



ADVENTIST HEALTH CASTLE

MOMMY & ME VIRTUAL HUI



Please join us weekly
from the comfort of your home
to get the confidence, support, and answers to
a successful start with your baby.

Led by
Cassidy Jones, RN IBCLC
AHC Board-Certified Lactation Consultant



EVERY THURSDAY | 10AM - 11:30AM

FREE for parents
and their breastfeeding babies of all ages

Join us from the link on AH Castle's website
or the following website link:
meet.google.com/vve-otbh-tfe

or
by entering "vve-otbh-tfe" on the google meet app

